

Dear [Faculty]:

The Staff of the Delaware Department of Health and Social Services (DHSS) Division of Substance Abuse and Mental Health (DSAMH) Training Office extend our gratitude to you for being an integral part of the 2025 DSAMH Training Calendar. We look forward to working with you to provide stellar education with meaningful learning outcomes.

There are several steps and details that go into coordinating our workshops. In the following three pages, you will find forms and requests for information required to facilitate coordination of your workshop. To simplify the process, save and refer to the Workshop Faculty Checklist as a resource to guide us through this process.

If we can be of further assistance, please give us a call at (302) 255-9480. Thank you again for offering your time and expertise to DSAMH's continuum of education for the 2025 training year.

Sincerely,

The Workforce Development and Education Staff

2025 DSAMH Training Calendar Workshop Faculty Check-List

Please submit all requested information. If you have any further questions, please contact [us at 302-255-9480](tel:302-255-9480).

- ☐ **2025 Training Calendar Workshop Submission Form** This form can be found on the top portion of page 2 of this document. A sample of a completed Workshop Submission Form can be found on page 3.
- ☐ **Faculty Biography** Please provide a brief biography (55 to 65 words) for **each** faculty member. A sample faculty biography can be found on page 3.
- ☐ **Faculty Contact Information Form** This form can be found on the bottom portion of page 2 of this document.
- ☐ **Faculty CV/Resume** Please submit electronically to DSAMH.Training@delaware.gov. Faculty CVs and/or resumes are required to obtain approval for CEUs from a variety of professional accrediting organizations.

2025 DSAMH Training Calendar Workshop Submission Form

Title of Workshop: (Required)

Length of Workshop: e.g. 1-Day; ½ Day; 4 Hours; 2-Day; etc.

Faculty Name/s:

Maximum number of participants (if applicable):

Description: (100-125 word description of workshop)

Learning Objectives: (please provide 3-4 active learning objectives)

Faculty Biography

Please submit a (55-65 words) professional biography for **each** faculty member.

Faculty Contact Information Form

Complete ALL fields for additional faculty:

Name:

Address for Correspondence:

Work Phone:

Alternate Phone:

E-mail address (primary):

E-mail address (alternate):

See last page for a sample.

2024 DSAMH Training Calendar
Sample Workshop Submission Form

**Obsessive Compulsive Disorder:
Diagnosis and Treatment**

Length of Workshop: ½-Day, 1-Day, 2-Day, 3-Day, 5-Day workshop.

1 Day

Faculty Name/s:

Kathleen M. Rupertus-Pearce, Ph.D.

Maximum number of participants (if applicable):

25

Description: (100-125 word description of workshop)

Obsessive compulsive disorder (OCD) is a neurobiobehavioral anxiety disorder that affects 2-3% of adults and 1 out of 200 children and adolescents. Despite its prevalence, OCD remains a “hidden epidemic” as it is both under-diagnosed and under-treated. This workshop will introduce the various clinical presentations of OCD, a conceptual model for understanding the disorder, and the proper application of cognitive-behavioral treatment interventions.

Learning Objectives: (please provide 3-4 active learning objectives)

- Describe the clinical presentation of five obsessions and five compulsions
- List at least two common diagnostic tools for OCD
- Practice the application of exposure-response prevention in the treatment of OCD using a case study example

Sample Faculty Biography

KATHLEEN M. RUPERTUS-PEARCE, Ph.D. is a Training Administrator with DSAMH, and has 16 years clinical experience specializing in the treatment of anxiety disorders. She completed a doctorate in clinical psychology at the Philadelphia College of Osteopathic Medicine and is the sole owner of The Anxiety & OCD Treatment Center in North Wilmington. She is co-author of the book *Loving Someone with OCD*.